

Wisconsin Out of School Time Alliance (WOSTA)  
Course Calendar

2024-25

July 2024						
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August 2024						
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September 2024						
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October 2024						
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November 2024						
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December 2024						
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January 2025						
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February 2025						
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March 2025						
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April 2025						
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May 2025						
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June 2025						
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Wisconsin Out of School Time Alliance Courses:

<b>An Introduction to the School-Age Care Profession - On Demand – OPENS</b>
<b>Guiding Children’s Behavior in Out of School Time Programs</b>
<b>Positive Youth Development for Youth Work Professionals</b>
<b>School Age Curricular Framework</b>
<b>Trauma-Informed Care Approach to Out of School Time Programs</b>
<b>Equity and Inclusion in Out of School Time Programs</b>
<b>Designing and Assessing Child Outcomes</b>

Link to the WOSTA course landing page: [Course Registration](#)



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## WOSTA Course Descriptions

**An Introduction to the School-Age Care Profession** – This course provides entry-level knowledge and skills for individuals as they begin to care for school-age children in group or family childcare settings. This course provides a foundation for the importance of Out-of-School time programs and explores the philosophy and goals for high quality programs. It examines and identifies the rules governing group and family childcare for school-age children and the responsibilities of the providers. This course fulfills the first introductory non-credit course requirements for a school-age program leader as specified in DCF Chapters 251 group day care in Wisconsin's Administrative Code as it applies to school-age care. This course is the first course of the alternative pathway to becoming a program lead. It also meets the requirements for staff to be hired as group leaders. (40 hours)

Introduction to the School-Age Care Profession is a self-paced, on-demand course. Register at any time and begin your work immediately and work at your own pace.

**Guiding Children's Behavior in OST Programs** – This course explores our individual understanding of behavior guidance and how our experiences and philosophy influence how we guide the behavior of children. The importance of relationship building with children as an essential component to behavior guidance is explored. This course shares multiple strategies for dealing with challenging situations and the many techniques available to help children gain the skills to regulate and monitor their own behavior. (15 hours)

**School Age Curricular Framework** – School-age Curricular Framework defines and explores curriculum within the context of after school programs and helps staff develop the resources necessary to create developmentally appropriate intentional learning experiences and activities to support both academic and social-emotional learning of school age children. Participants gain an understanding of key elements and developmental concepts that go into creating a framework for curriculum and develop strategies for activity and lesson planning. (15 hours)

**Trauma-Informed Care Approach to OST Programs** – Trauma is one of the key leverage points that can underlie serious behavioral health problems and contribute to problematic behaviors, life circumstances, and community consequences for many children. Participants will understand the wide spectrum of adverse childhood experiences and the impact these have on the development and behavior of children in afterschool care as well as understand brain development in early childhood through adolescence and the impact of trauma. Strategies and resources available to afterschool providers will be explored that can be immediately and effectively implemented within the context of the afterschool program. (15 hours)

**Designing and Assessing Child Outcomes** – This course is designed to provide 12 hours of training experience to help program staff understand the importance and benefits of focusing on child outcomes, how to identify and develop relevant outcomes, how to translate outcomes into effective program activities and document and evaluate the attainment of outcomes that support the positive development of each child. (12 hours)

**Equity and Inclusion in OST Programs** – This 12-hour course is designed to help after school programs create a welcoming and inclusive environment for all children and their families. The course explores our own biases and how they impact our interactions with children and their families and understand inequities from a systemic perspective. This course will open a dialogue and help us gain a growth mindset toward our work on inclusivity. (12 hours)

**Positive Youth Development for Youth Work Professional** – The 12-hour training is designed for independent learning, reflection, collaborative discussions, and live online sessions that provide participants with foundational information and best practices for implementing SEL into any OST setting. Participants will understand how to implement SEL tools in multiple OST environments, learn the importance of communicating these skills to staff and how to embed this learning into pre-service and in-service training. (12 hours)

### Alternative Pathway Courses

The Wisconsin Afterschool Network is very pleased to provide after school programs with specific professional development opportunities that prepare staff with the knowledge and skills necessary to effectively work with school age children. These courses are approved by the Department of Children and Families to meet educational requirement for school age program leads and group leaders.

The **Alternative Pathway** has licensing approval to meet entry level requirements for the position of program lead and combines the **Introduction to the School-age Care Profession** with **Guiding Children's Behavior in OST Programs** and **School Age Curricular Framework**. Additionally, the *Introduction to the School-age Care Profession* is recognized to qualify staff for the position of group leader.

**\*All courses are offered in a virtual format that combines independent work with live virtual meetings.**



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